

Dear Patient,

Thank you for choosing Gastro Health, formerly GANV, as your gastroenterology provider for your upcoming procedure. Please read the following in its entirety to avoid any issues for your upcoming procedure.

**ARRIVAL TIME:**

It is important to note that your arrival time is based on the location of your procedure.

- Javier Road Endoscopy Center (Fairfax) – arrive 60 minutes before procedure time
- NVCGE (Chantilly) – arrive 45 minutes before procedure time
- McLean Surgery Center – arrive 90 minutes before procedure time
- Northern Virginia Surgery Center – arrive 1 hour before procedure time
- INOVA Fairfax Hospital – arrive 1 hour before procedure time
- INOVA Fair Oaks Hospital – arrive 1 hour before procedure time

At this point, you should have received your procedure prep and have reviewed the prep instructions.

***It is important that you follow the prep instructions in order to have a successful colonoscopy. If your provider has given you a modified prep not listed above, please follow those instructions.***

**IMPORTANT:**

- If you are taking an iron supplement, this must be held 1 week prior to the procedure.
- If you are taking a blood thinner, this must be held 5 days prior to the procedure or *as directed by your physician.*

**NOTE:**

- *Your driver must wait at the location until your procedure is complete.* You may not take an Uber or Taxi without a responsible adult accompanying you.

**A \$300.00 fee will be charged to your account if you cancel or reschedule within 7 business days of your scheduled procedure**

Here is an outline of what to expect at your visit:

**BEFORE YOUR PROCEDURE:**

- Meeting the Front Desk Team
  - They will ask for updated identification and/or insurance cards, if applicable.
  - They will collect your co-pay, if applicable.
  - They will provide you with a wristband as ID.
- A pre-op team member will:
  - Bring you back to get you ready for your procedure.
  - Have you change into a gown and verify your medical history.
  - Take your vital signs (temperature, heart rate, respiratory rate, blood pressure, and oxygen saturation).
  - Start an IV line.
  - An Anesthesiologist then will review your history and discuss anesthesia prior to signing a consent.
- You will be escorted to a procedure room where you will see your physician and the team who will be performing the procedure
- Procedures typically last between 30 to 45 minutes, depending on your case. Plan to be at the office for about 2 hours, from check-in to check out.

**AFTER YOUR PROCEDURE:**

- Discussion with your physician.
  - You will be closely monitored as you recover.
  - Your physician that performed your procedure will meet you and/or your family member, to discuss preliminary findings and a plan after discharge.
- The front desk team will then help you schedule any future appointments.

**PLEASE BRING WITH YOU:**

- Your ID and insurance card
- An updated list of medications

We look forward to participating in your care!

Warm Regards,  
Gastro Health