

AVOID RESCHEDULING YOUR TEST, FOLLOW INSTRUCTIONS CAREFULLY

Breath Test: Helicobacter Pylori (H Pylori), Preparing for Your Test

Instructions

- NO antibiotics for four (4) weeks prior to the test
- Nothing by mouth one (1) hour prior to test, i.e. mints, gums, eating or drinking
- NO Proton Pump Inhibitors (PPIs) for two (2) weeks prior to test

PPIs Include:

- Dexilant (Dexlansoprazole)
- Prevacid (Lansoprazole)
- Protonix (Pantoprazole)
- Nexium (Esomeprazole)
- Aciphex (Rabeprazole)
- Prilosec (Omeprazole)
- Zegerid (Omeprazole & Sodium Bicarbonate)
- Bismuth Compound (Pepto Bismol/Tritec)

* Carafate (Sucralfate) or Zantac (Ranitidine) will NOT interfere with this test

- This test takes approximately 15 minutes.**

Location:

Javier Office
3028 Javier Road, Suite 300
Fairfax, VA 22031

Fair Oaks Office
3700 Joseph Siewick Drive, Suite 308
Fairfax, VA 22033

Patient Name: _____

Testing Date: _____

Should you have any questions, please contact your doctor's nurse

703-698-8960 myGANV.com



revised 01/17/mc