



# CLENPIQ™

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle



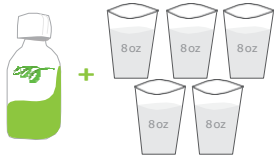
## TAKING CLENPIQ

# STEPS TO COMPLETE THE PREP

### The Split-Dose Regimen

#### Evening Before

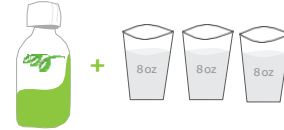
Between 5-9 pm



Drink 40 oz (5 cups) of clear liquids.\*  
Finish liquids over the next 5 hours.

#### Morning of

5 hours before procedure



Drink at least 24 oz (3 cups) of clear liquids. **Finish liquids 4 hours before your colonoscopy**, or as advised by your doctor. **Do not eat solid food.**



Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.

**Patients on antiplatelet / anticoagulant therapy other than aspirin will require that these be held as follows:**

- Plavix - 5 days
- Coumadin - 5 days
- Xarelto - ≥ 48 hours
- Eliquis - ≥ 48 hours
- Pradaxa (Creatinine clearance > 50) – 5 days
- Pradaxa (Creatinine clearance < 50) – 5 days
- Other anticoagulant or antiplatelet: \_\_\_\_\_ Hold \_\_\_\_\_ days before procedure

**Prep Assistant** Use the prep assistant as a guide for completing your prep.

The time of your colonoscopy is \_\_\_\_\_ : \_\_\_\_\_

Complete your prep and all hydration by \_\_\_\_\_ : \_\_\_\_\_

**ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.**



#### Evening before your colonoscopy

- Drink one bottle of CLENPIQ  
Drink CLENPIQ right from the bottle

**Then, keep hydrating**  
Drink 5 cups (8 oz each) of clear liquid.  
*Check off the cups below as you go!*



Start: \_\_\_\_\_ : \_\_\_\_\_

Finish: \_\_\_\_\_ : \_\_\_\_\_

#### Morning of your colonoscopy

- Drink the other bottle of CLENPIQ  
Drink CLENPIQ right from the bottle

**Then, keep hydrating**  
Drink at least 3 cups (8 oz each) of clear liquid.  
*Check off the cups below as you go!*



OR MORE

Start: \_\_\_\_\_ : \_\_\_\_\_

Finish: \_\_\_\_\_ : \_\_\_\_\_

\*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.



# CLENPIQ™

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

## READY, SET, COMPLETE THE PREP

### What is CLENPIQ?

CLENPIQ is a prescription medicine that cleans your colon. CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted. Do not refrigerate or freeze CLENPIQ.

### What's in the CLENPIQ box?



Two bottles of CLENPIQ (5.4 oz each)



An 8 oz cup for drinking clear liquids



The Patient Medication Guide and the Instructions for Use for your reference

### Start Hydrating

On the day before your colonoscopy, start hydrating by consuming only clear liquids and stop eating all solid foods and dairy.

It's important to hydrate before you take the prep, while you're taking the prep, and after the prep. *Follow your doctor's instructions completely.*

#### ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

Water	Ginger ale and other sodas
Black coffee or tea	Clear juices: such as apple or white grape juice
Clear broth or bouillon	Plain Jell-O
Sports drink	Frozen juice bar



**LIQUIDS MUST NOT BE RED OR PURPLE. DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU CANNOT SEE THROUGH.**

**Ready? Set? This video may help you prep.  
Hydrate along at [www.CLENPIQ.com](http://www.CLENPIQ.com)**

#### IMPORTANT SAFETY INFORMATION

- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdomen) cramping, urinating less often than normal, trouble drinking clear liquids, troubles swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- The most common side effects of CLENPIQ include nausea, headache, and vomiting. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.
- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Medications Guide, also available at [www.CLENPIQ.com](http://www.CLENPIQ.com).

